***PRESENT PERFECT SIMPLE vs PRESENT PERFECT CONTINUOUS***

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| **PRESENT PERFECT SIMPLE** | **PRESENT PERFECT CONTINUOUS** |
| We use the present perfect simple:   * **to describe an action which started in the past and continues up to the present, especially with state verbs (*have, like, be, know.*..) and *for/ since****.*   They **have known** each other **for** a long time/ **since** they were children.   * **for an action which has recently finished and whose result is visible in the present.**   My sister **has just washed** the windows.   * **for an action which has happened repeatedly within a specific time period which is not over at the moment of speaking** ( ***today/ this morning/ afternoon/ week/ month/ year.****.*.)   I **have written** 10 letters **this morning**.  **Time words:**   * always/ never/ ever * ever (since) * recently * lately * so far * how long? * for/since * already/ just/ yet * before/ still * up to now/ present * this morning/ afternoon/ week   **Aff:** I **have** wash**ed**/ **bought**  **Neg:**  I **haven't** wash**ed**/ **bought**  **Questions: Have** you wash**ed**/ **bought ?**  **Short answers:**   * Yes, I **have ,** Yes, he **has.** * No, I **haven't. ,** No, he **hasn't.** | We use the present perfect continuous:   * **to put emphasis on the duration of an action which started in the past and continues up to the present (especially with time expressions such as** ***for, since, all morning/day/ week/ year****.*.)   My mother **has been working** in the garden **for** 3 hours.   * **for an action which is not finished,that is still going on**   I'**ve been trying** to finish my essay for an hour but I just can't do it.  **Time words:**   * for/ since * how long? * lately * recently * all day/ night/ week/ morning/ year   **Aff:** I **have been waiting**  **Neg:** I **haven't been waiting**  **Questions: Have** you **been waiting ?**  **Short answers:**   * Yes, I **have ,** Yes, he **has.** * No, I **haven't. ,** No, he **hasn't.** |

**With the verbs *live, work, teach* and *feel* (= have a particular emotion) we can use either Present Perfect Simple or Present Perfect Continuous with no difference in meaning.**

We **have lived/ have been living** here for 10 years.

She **has taught/ has been teaching** English since 2000.